

Live Energy Transmission

Take part in an Online Live Global Seminar
with Master Mantak Chia

Learn Tao Practices for Challenging Times
~ The Key to All Doors ~



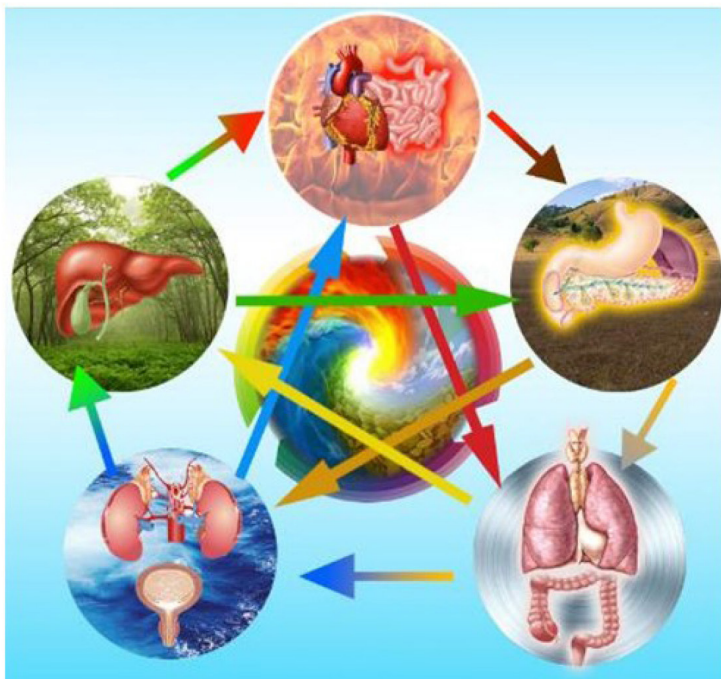
Fusion of the 5 Elements - Level I

Fusion of Five Element I

Taoist Inner Alchemy Phycology

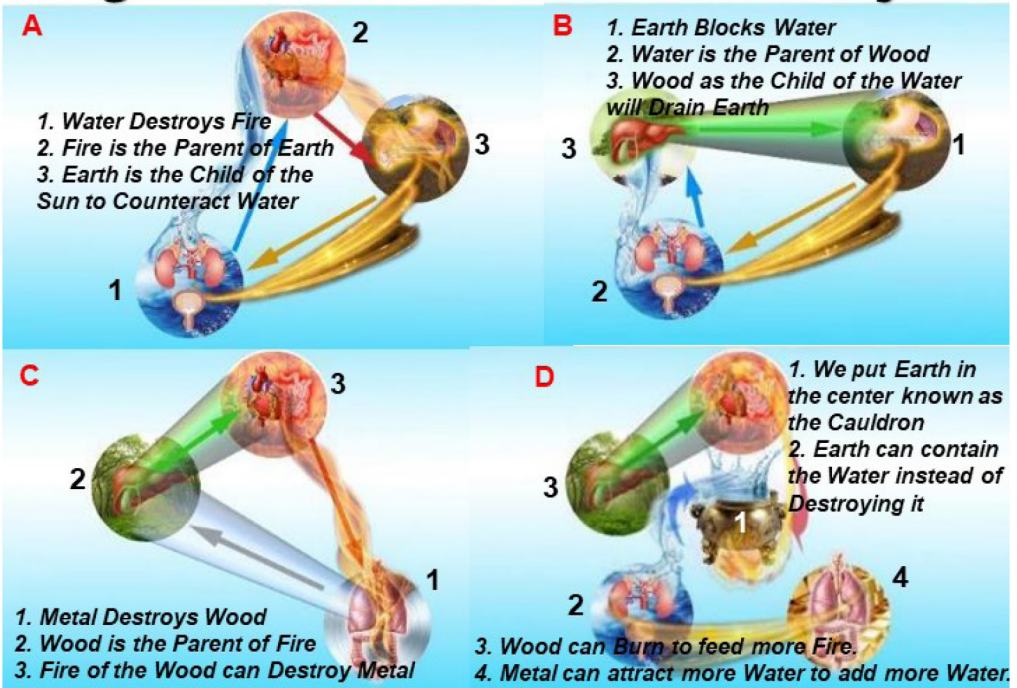


Negative Emotional Conflict Cycle



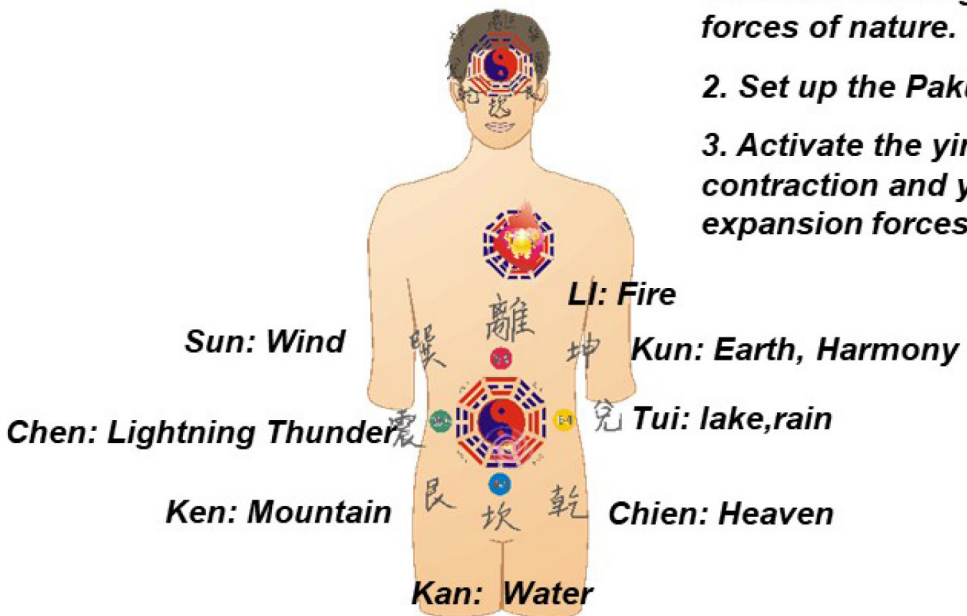
When the Parent is Attacked, the Child will Protect the Parent

Negative Emotional Conflict Cycle



Activate the Pakua Forces

1. Activate the eight forces of nature.
2. Set up the Pakua.
3. Activate the yin contraction and yang expansion forces.





Pakua Yang Expand 阳八卦

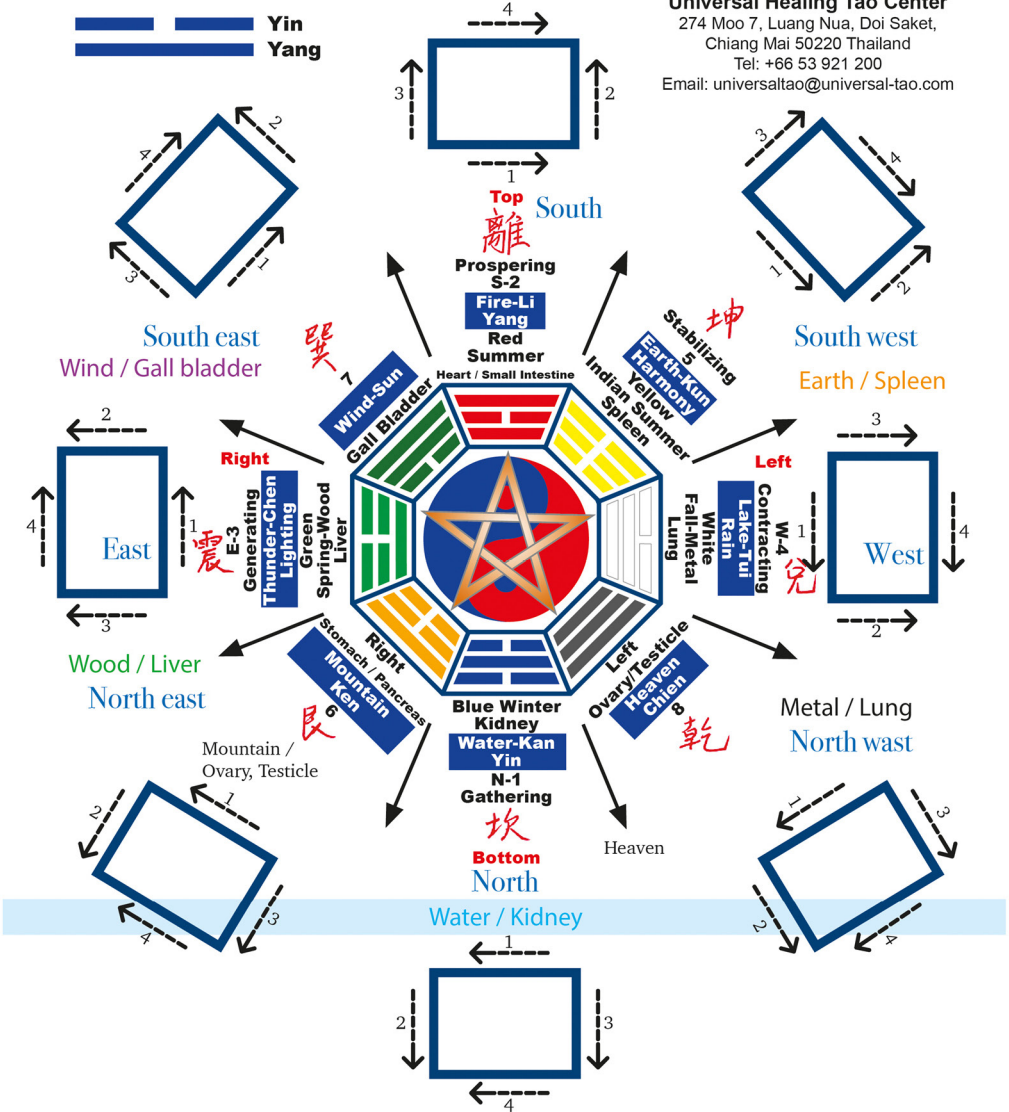
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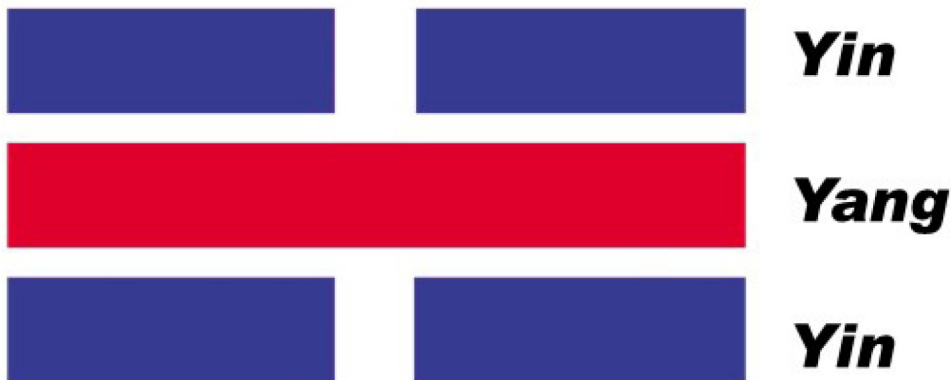
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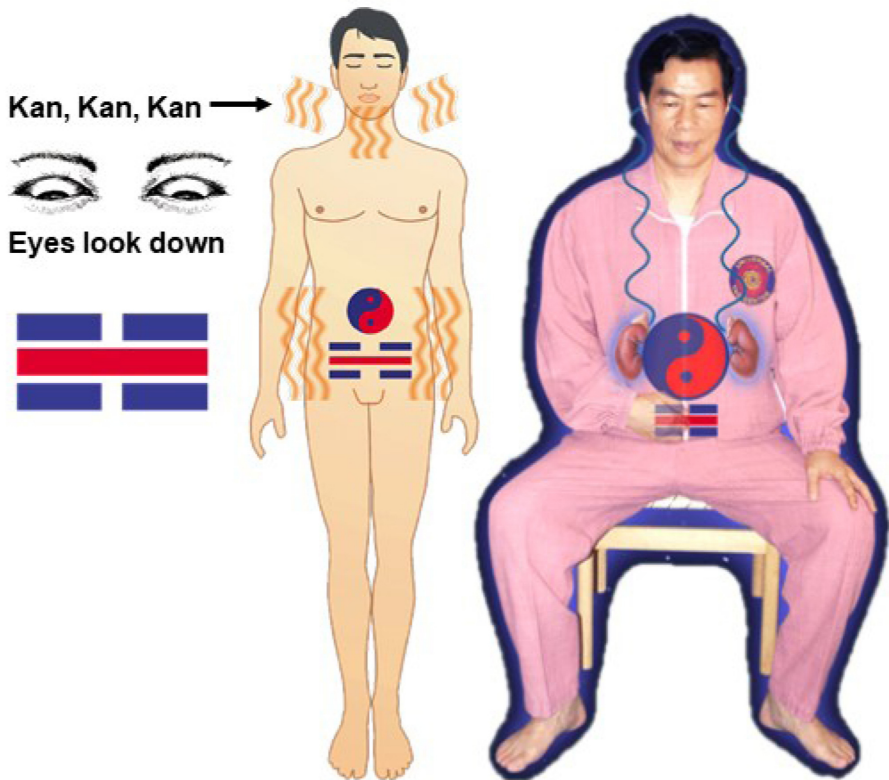
☯ Yin
☰ Yang



Kan : First Sound



Kan (Yin-Yang-Yin)



Chant Kan (Ears and Kidney connect to the Kan)

Kan (Yin-Yang-Yin). The power symbol of the Water gathering and yin power, connected with the kidneys, ears and sexual organs. Evoke the energy of the symbol by repeating its sound, Kan several times or until you feel the connection with the energy of Kan, which is spreading down to the sexual organs and the kidneys. The Kan sound should come from the abdomen and the throat.

Yin contract: First expand the mind and the hands and palms to touch the universe, the cosmic. Chant the Yin, Yin, Yin as long as you feel comfortable, and continue moving your palms and draw the cosmic Chi from the universe into the navel, and feel the navel has suction. Feel your hands and the Tan Tien; the throat has the power of sucking the Chi down the Yin line to the navel.



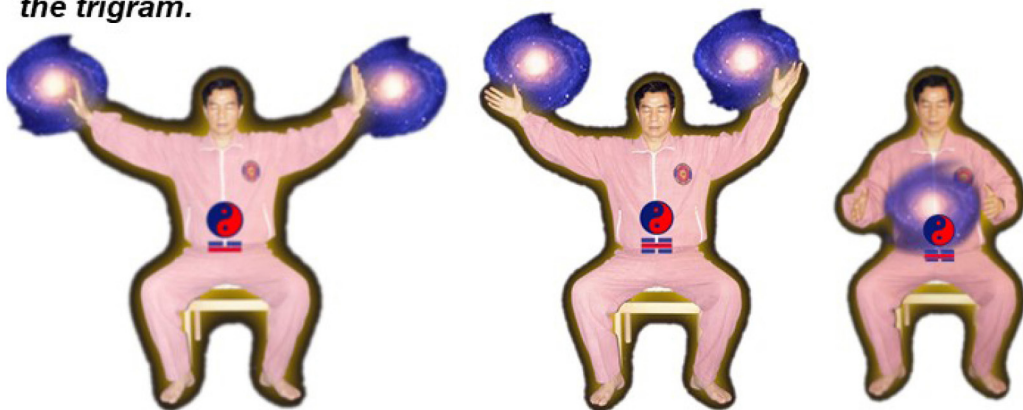
Yin Line — — Yin Contract

Do the Yang line: Be aware of the Tan Tien, throat, crown and the palms close to the navel and slowly chant the long Yang sound and turn the palms out. Gradually move the palms to the left and right sides and feel your palms very long and big touching the cosmic. Rest and feel your palms in touch with the cosmic Chi.



Yang Line — — Yang Expand

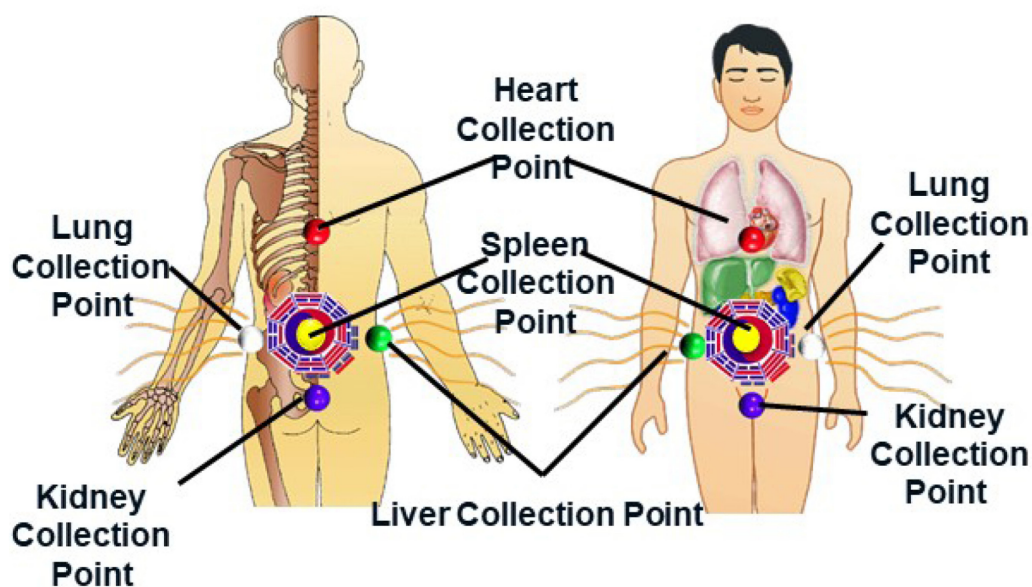
Do the Yin line again: Yin contracts; expand the mind and the hands and palms to touch the sky and the cosmic. Chant the Yin, Yin, Yin as long as you feel comfortable, and continue moving your palms and draw the cosmic Chi from the universe into the navel, and feel the navel has suction. Feel your hands and the Tan Tien; the throat has the power; the Chi goes down the Yin line to the navel. Rest for a while. Feel the vibrations inside as you chant the trigram.



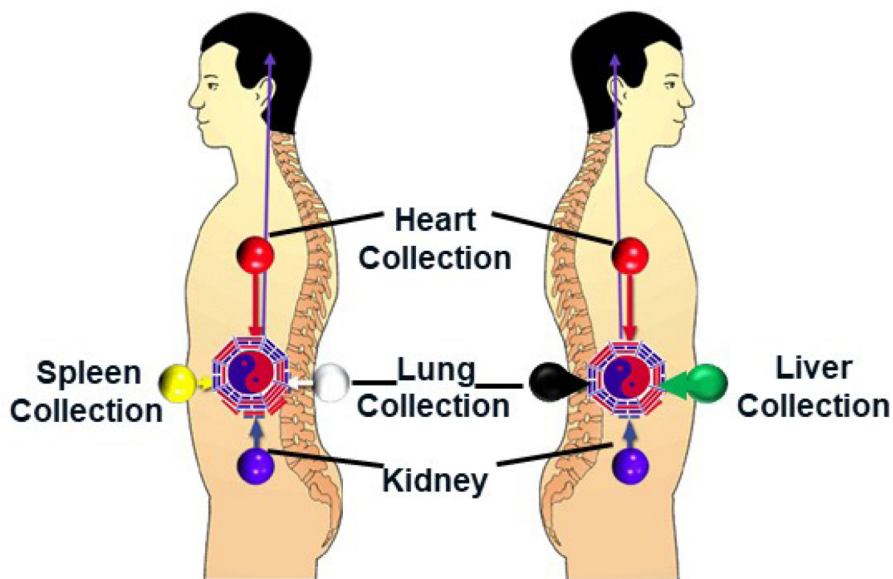
Yin Yang Yin Trigram



There are Five major collection points reflected on all four sides of the body.

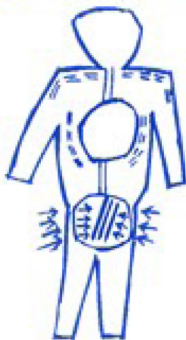
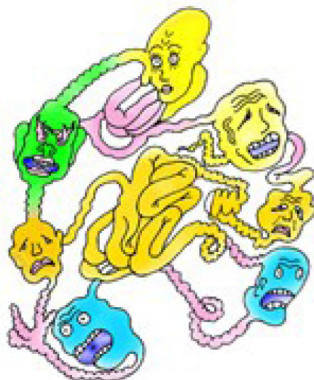


Front and Back Collection Points

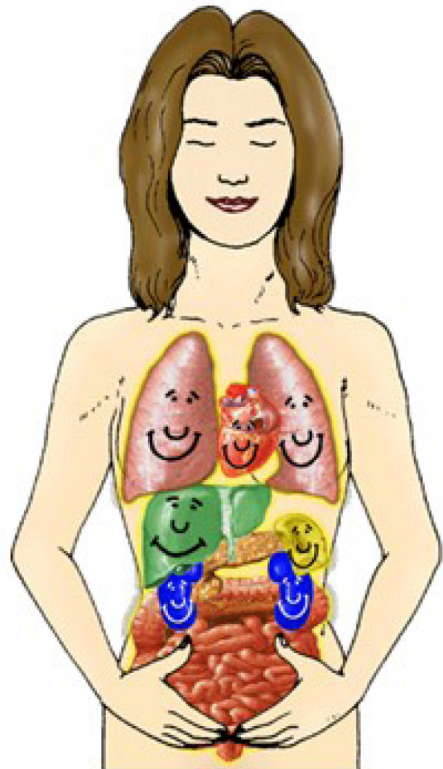
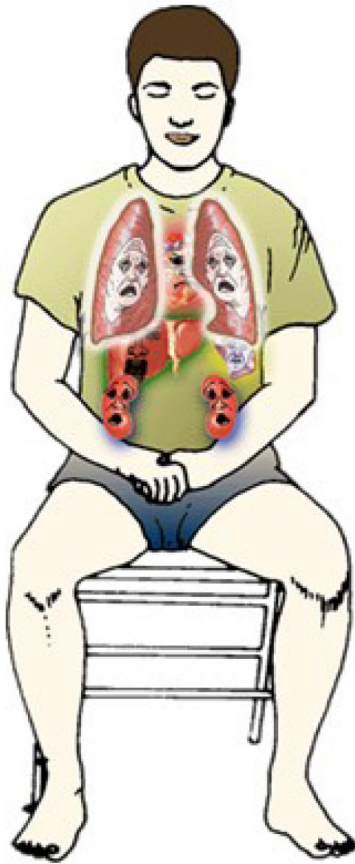


Left and Right Pakua with Collection Points

**Negative emotions affect the organs and the hormone system.
Feeling and sense**

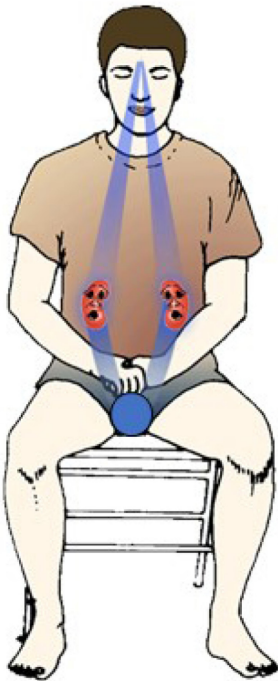


Transform Negative Energy into positive energy.



Composting Step 1

Dissolve the fear in the Kidney Collection Point with love and acceptance.



1. Smile to the kidneys, bring the fear down to the kidney collection point.

2. Bring the love from the heart down to the kidney collection point. Let the love feeling of the heart dissolve the fear at the kidney collection point.



Composting Step 2

Dissolve impatience with love and joy.



3. Smile to the heart and bring impatience and hatred to the heart collection point.

4. Let the virtuous heart energy of love and joy neutralize the impatience and hatred at the collection point.



Bring the senses down to the organs, then to the organ collection points.



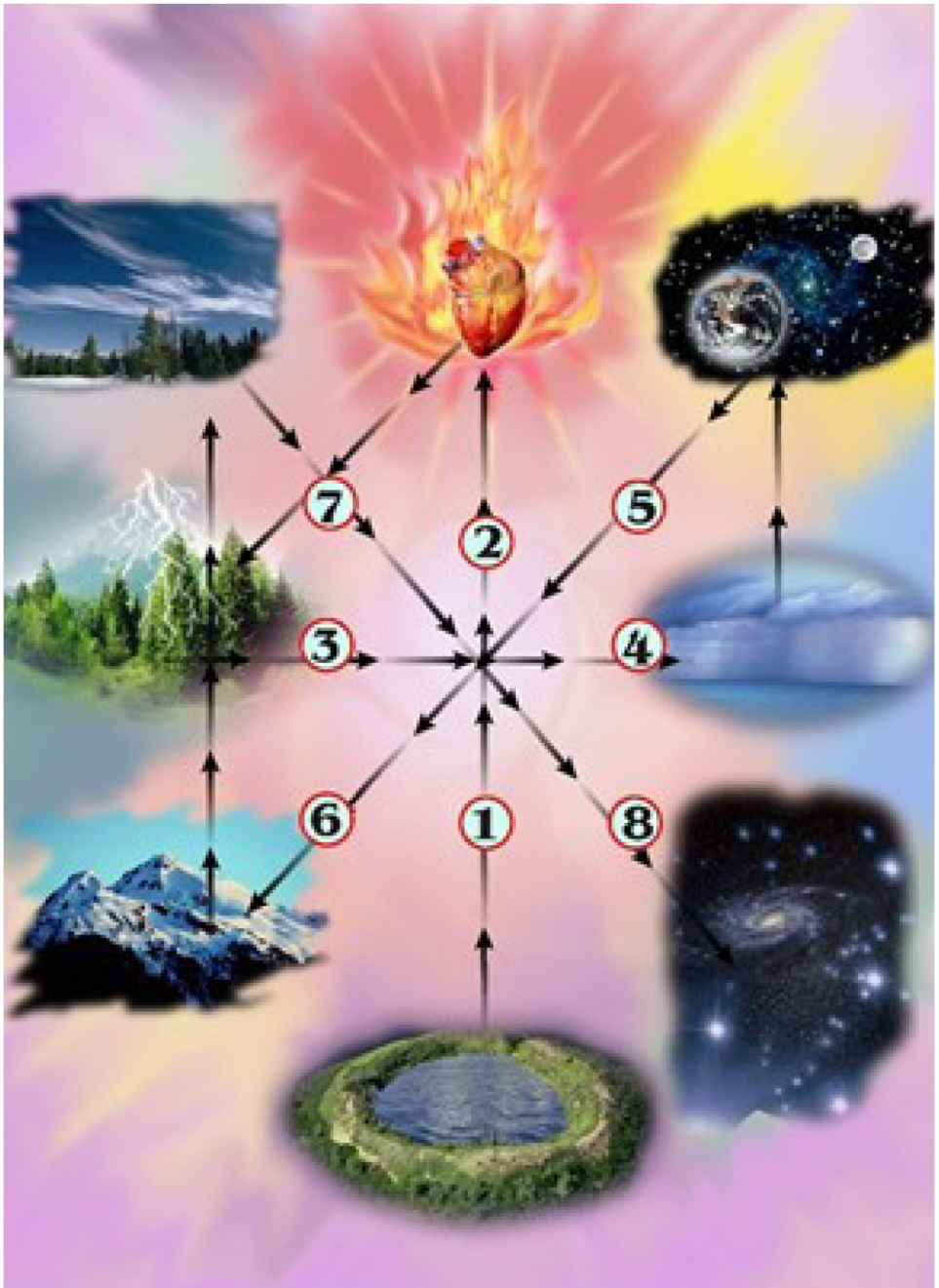
Be aware of your ears and the kidneys. Feel your ears grow long and sense their connection to the kidneys. Feel your ears are more protected and comfortable, so that external disturbances can not affect you.

Move your tongue around and relax your tongue. Drop your tongue down to your heart and feel their connection. Feel how you can control your tongue and the power of speech .

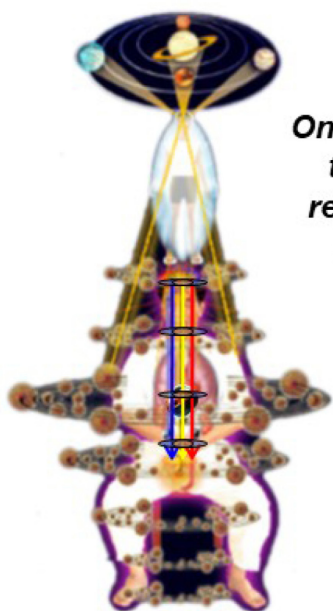


Call the Protective and Guardian Animals

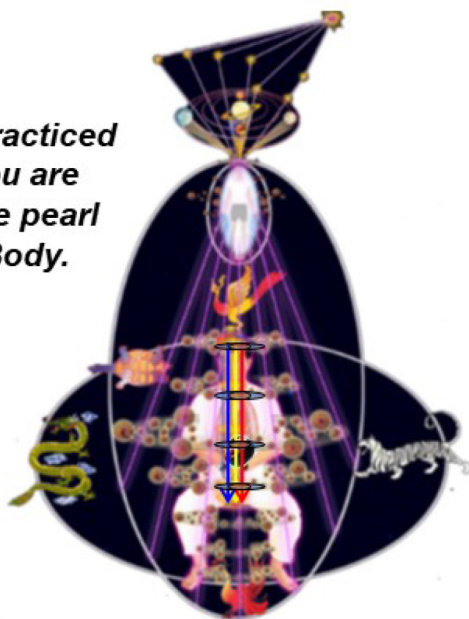




Energy Body



*Once you have practiced
to this level, you are
ready to from the pearl
into the Soul Body.*



Energy or Soul Body

Your Teacher



Mantak Chia is the founder of Universal Healing Tao, a much-loved system of personal cultivation and spiritual development, practiced all over the world for the last 40+ years.. Through the practices of the Universal Healing Tao,, you can learn to reduce stress and create harmony and balance in all aspects of your life -- physical, emotional and spiritual.

Learning from Grandmaster Mantak Chia is a very special experience and many people sense a shift in their own life-force/vitality. We are in a new paradigm in this moment as we embrace the online world fully. Many of you are taking the time to work on personal development - to try something new or something you've always wanted to do or to commit more deeply to the practices you know and love.



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